

Directorate General
Central Industrial Security Force
(Ministry of Home Affairs)

Block No.13 CGOs Complex
Lodhi Road, New Delhi - 03

Medical Branch

M-27018(35)/CISF/Med.Dir/Malaria/2010- 465

Dated: 05 May' 2010

To,

All Sector IsG including Director/NISA & IG/APS

Subject: - Prevention/ Treatment of Malaria : Regarding.

Kindly refer to DG's Monday meeting held at CISF HQrs, on 26.04.2010.

In this connection, it is intimated the preventive measures to be taken against malaria has already been circulated vide this office letter of even No. (694) dated 29.05.2009. However the gist and concise information for the knowledge of Jawans and action taken by them under supervision is as under:-

As it is known to every one that the malaria specially the PF malaria/complicated malaria is becoming a fatal disease day by day. To avoid death due to malaria following steps are to be taken.

Sign and symptoms of malaria

Personnel suffering from malaria will have fever low grade to high grade with or without chills and rigors, headache, joint pain, body ache, abdominal discomfort, nausea and vomiting.

Preventive measures

- Proper cleaning of surrounding area
- Use of mosquito net
- Use of mosquito repellent on exposed part of body
- Proper covering of water storage, taking care of water logging.
- Sprinkling of engine oil over stagnated water
- Periodical insecticide spray and Malathion fogging during rainy season/out break of malaria
- Covering of whole body with cloth as far as possible
- Use of face mask or face net during night duty/night movement
- Rapid diagnostic test kit may be used to diagnose the case of Malaria.

Prophylactic treatment (if advocated by the malaria department of the state)

1. Two tab. Chloroquin once a week .
2. One tab. Mefloquin in chloroquin resistant cases

Radical treatment

1. P.vivex - Chloroquin 4 tab. (600 mg) + Primaquine 15 mg - Day-1
Primaquine 15 mg daily - Day-2 to Day-5.

- 2 P. Falciparum (a) Sulfadoxine 500mg + Pyrimethamine 25mg combination 3 tab. as single dose followed by Primaquine 45mg
(b) Artesunate 2.4mg/kg body weight IM/IV followed by 2.2 mg/kg bw after 12 hrs. Thereafter 1.2mg/kg body weight daily for 4 days.
(c) Artemether 80mg IM daily total 6 doses.
(d) Artether 150mg IM daily for 3 days

- Note :** 1. Radical/presumptive treatment should always be taken with Consultation of AMA / Medical Officer of nearest Govt. Health Centre.
2. During longer stay on temporary duty in malaria prone area local health authorities should always be consulted to adopt measures for prevention of malaria.

You are requested to circulate the above guidelines of prevention/ treatment of Malaria to all CISF units under your jurisdiction and it should be ensured that no one should die from Malaria.


Director/DIG (Medical), CISF

Copy to (Internal):-

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|----|--------------------|--|
| 1. | Sr. PS to DG | - For kind information to DG/CISF |
| 2. | Sr. PS to ADG (HQ) | : For kind information to ADG(HQ) |
| 3. | IG/HQrs. | - For kind information please. |
| 4. | DIG/Trg. | - For kind information please. |
| 5. | DIG/OPS | - For kind information please. |
| 6. | AIG/Adm | - -do- |
| 7. | DC/EDP Cell | - For wide publicity on CISF Website please. |