

**DIRECTORATE GENERAL  
CENTRAL INDUSTRIAL SECURITY FORCE  
(MINISTRY OF HOME AFFAIRS)**

Block No. 13, CGO Complex,  
Lodhi Road New Delhi-03.

**Welfare Directorate**

No.E-42099/Sanrakshika Magazine/Wel/2020 -123

Dated: 30 June, 2020

To

SDG (APS) & ADG(North), CISF  
All Sector IsG, CISF including Director, NISA  
All Zonal/plant DIsG, CISF  
All Group Commandants /Commandants, CISF  
All DCs/ACs/OICs of Units, CISF

**Sub: PUBLICATION OF 9<sup>TH</sup> EDITION OF "SANRAKSHIKA" MAGAZINE: REG**

The COVID-19 pandemic is a global health crisis that has had an impact on all of us. It is posing to be a challenge for all countries. Attempts are being made to contain the spread of the virus through various measures.

2. The 9<sup>th</sup> edition of "Sanrakshika" magazine is tentatively scheduled to be published in the third week of Sept'2020. The Executive Committee of "Sanrakshika" has decided that the theme of this issue of the magazine will be "Impact of Covid-19 on our lives".

3. The above theme has been carefully selected to showcase experiences during this period so articles may be based on aspects on the following broad themes:

- Experiences during lockdown
- Social Impact
- Impact on elderly people and children
- Creativity
- Re-invocation of certain customs (on hygiene etc.)
- Environmental Impact (air pollution and river)
- Psychological and Behavioural Impact
- Awareness on Health and fitness
- Self-reliance


4. It has also been decided that along with articles, the magazine will also contain following sections :

- Photography section by children and family members of CISF personnel based on activities, creations, and observations during this period.
- Achievements at National or International level in the field of sports and academics by wards of CISF personnel. Sector IsG are requested to select names of 10 best achiever wards of CISF personnel for achievements as mentioned above and details may be sent to Welfare Dte.

5. Family members of CISF personnel, CISF lady personnel and lady officers may explore their experiences and express their thoughts through articles and send entries on the theme, either in Hindi or in English (within words limit of 150-400).

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6. Entries in English or Hindi language may include articles, personal experiences, stories and anecdotes, poems, paintings/drawings, photographs etc. on the theme and recipes (area specific or healthy food to boost immunity). The entries would be evaluated based on their originality and creativity.
7. Soft copies of selected good quality photographs along with brief write-up of the activities under the aegis of "Sanrakshika" organized in CISF Units during past one year are also to be sent for inclusion in the magazine.
8. It is requested that wide publicity about the magazine be given to encourage maximum number of entries.
9. It has been noticed that articles/write ups sent in the past, were not properly scrutinized/edited at Sector level.
10. Sector IsG are requested to detail nodal officers (for both English & Hindi) to scrutinize the entries/photographs so that selected entries are sent.
11. All articles received should be screened for originality, creativity and accuracy at sector level and selected articles are to be sent consolidated by sector IsG, in both soft copy and hard copy with photograph of contributor (name, rank, unit, mobile/phone number and details of husband/father/mother be written on back of article and photograph) . All the articles in Hindi language should be typed in font "Krutidev-11". Emphasis should be laid on the quality of the content of the entries.
12. All entries should reach the Welfare Directorate positively by 25.07.2020.

  
(Tapasya Obhrai Nair) 30/6/20  
Asstt. Inspector General (Welfare)

Internal:-

1. PS to DG/CISF : For favour of kind information of DG, please.
2. PS to ADG(HQrs,) : For favour of kind information of ADG(HQrs), please.
3. PS to IG(Pers,Trg.,Adm,Tech) : For favour of kind information of IsG, please.
4. All DIsG, HQrs. : For kind information, please.
5. All AlsG , HQrs. : For information, please.
6. AIG/Tech : For information and requested for uploading on "Sanrakshika" website.
7. AIG/ Adm : For n/a in r/o personnel posted/attached in FHQ, please.
8. AIG/PRO : For information, please.

Copy to:-

1. Smt. Ranjeeta Ranjan, President "Sanrakshika" : For favour of kind information, pl.