



महानिदेशालय/ DIRECTORATE GENERAL  
केन्द्रीय औद्योगिक सुरक्षा बल/ CENTRAL INDUSTRIAL SECURITY FORCE  
(गृह मंत्रालय)/(MINISTRY OF HOME AFFAIRS)

ब्लॉक 13 सी.जी.ओ. कॉम्प्लेक्स/ BLOCK-13, CGO COMPLEX,  
लोधी रोड, नई दिल्ली -03/ LODHI ROAD, NEW DELHI  
Dated : 22-12-2021

No.E-16015/DEPU-NSG(CCC)/2021/PERSII-25965-(E) 1701

To,  
The ADGs (North/APS/South)  
All Sector IsG concerned including NISA(H) and IG/Trg.

Subject :- **NSG COMMANDO CONVERSION COURSE : REG.**

NSG Directorate has intimated that the Commando Conversion Course Slr No. 28 for the DCs/ACs(Exe) is scheduled as under at Training Centre, NSG Manesar:-

**Scheduled for CCC-28**

- (i) Date of Reporting : 30.01.2022  
(ii) Quarantine Period & Screening tests : 31.01.2022 to 20.02.22  
(iii) Scheduled of Course : 21.02.22 to 16.04.22  
(iv) Mod-II training : 04 weeks

02. ADsG (APS/North/South) & Sector IsG are requested to send nominations of suitable and willing DCs/ACs (Exe) who fulfil the norms of MHA's deputation policy dated 22.11.16 and eligibility criteria fixed by NSG which is as under:-

(a) Service Record and ACR Criteria

Rank	Maximum Age	Minimum Service	Service Record	APAR Grading	Medical Category
DC	38 years		No punishment during Service	VG for last 05 years (If service is more than 05 years)	SHAPE with BMI below 25
AC	33 Years				

(b) Other Mandatory Requirements

- (i) Should be a volunteer.  
(ii) SHAPE-I medical category  
(iii) Clear from Discipline and Vigilance angle

(c) Preferred Qualification – The following personnel will be given preference:-

- (i) Instructional Grading in Courses.  
(ii) Served in CI Ops and LWE  
(iii) Undergone Courses such as PT, CDO, CIJW, & ToT.

03. Pre-physical Standards for CCC and Professional Screening (Pre-Physical and Firing Standards) as per Appendix B

04. In case of deliberately failing on account of one or other reasons, action will be taken against such officer as deemed fit by the competent authority.

05. The nominations in respect of eligible and willing officers from each sector in the rank of DCs/ACs(Exe) with willingness certificate may be forwarded to this Directorate in the Excel proforma (using Alt+Enter key in single cell) as per Annexure-A by 28.12.2021 positively. Nominations received with incomplete records or received after due date, will summarily be rejected.

06. This has the approval of DG, CISF.

Digitally signed by  
GANGA SHANKAR,  
SR. COMMANDANT/AIG PERS,  
FHQ NEW DELHI,  
22-12-2021

Copy to:-

- (i) All Branch(s) FHQs : For similar action please.  
(ii) I/C EDP Cell : To upload this message on CISF website please.

**ANNEXURE-A**

Service particulars in respect of Shri .....

S.NO.	Force No.	RANK	NAME	PRESENT UNIT	D.O.B.	Age as on 28.12.21	D.O.A	Service as on 28.12.21
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)

D.O.P.	Edu. Qual.	Details of Major/Minor		Details of Hard Area service, if any.	Details of previous deputation, if any done	SHAPE Category with BMI Below 25	Remarks
		Major	Minor				
(10)	(13)	(14)	(15)	(16)	(17)	(18)	(19)

Signature of the Sector IG

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Appendix 'B'

**(1) Pre-Physical Standards for CCC.**

The minimum physical standards of personnel for induction into NSG will be as under, for which they will be tested during the Zero week.

**BASIC PHYSICAL STANDARD**

Test will be conducted in the Zero week in PT dress.

**(2) Professional Screening (Pre-Physical and Firing Standards)**

**(a) For Male**

- (i) 2.4 Kms run in 12 minutes.
- (ii) Chin ups-03.
- (iii) Vertical Rope (3<sup>rd</sup> class up and 3<sup>rd</sup> class down)
- (iv) Horizontal Rope (9 mtrs traverse)
- (v) Grouping 5 cms from 25 mtrs with INSAS Rifle (Lying supported).

**SELECTION PROCESS**

The selection during the CCC will be done by applying the following three filters in the sequence as mentioned below

- Physical Test
- Medical Test
- Psychological Screening

Only those personnel who qualify / get through each filter/s will go to the next level of selection.

**(b) For Female**

- (i) 2.4 Kms run in 16 minutes.
- (ii) Sit Ups - 15.
- (iii) Grouping 5 cms from 25 mtrs with INSAS Rifle (Lying Supported).

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