### E-MAIL MESSAGE

TO :

ADG/CISF APS, SS & NORTH HQ NEW DELHI

ALL SECTOR IsG CISF

(NS/NES/NES-II/ES/CS/WS/SS/TRG.FHQS/DAE&DOS/NCR/NISA)

INFO. :

DIG RTC BARWAHA

FROM:

DTE GENERAL CISF NEW DELHI

E-16015/3(3)/NSG/2023/ESTT.II/

DATED: 9/ .04.2023

PROVIDING OF MANPOWER TO COMMANDO CONVERSION COURSE (CCC - 32) (.) IT HAS BEEN DECIDED TO SPONSOR WILLING AND ELIGIBLE MALE HC/CT(GD) FOR DEPUTATION TO NSG (.) DURING DEPUTATION THEY WILL BE GOVERNED BY THE TERMS AS CONTAINED IN MHA'S LETTER NO.3/1(I)/84-NSG/ DATED 28.05.85 AS AMENDED FROM TIME TO TIME (.) WHILE DETAILING THE PERSONNEL FOR SAID COURSE IT MAY KINDLY BE BROUGHT TO THE NOTICE OF THE INDIVIDUALS THAT AFTER SUCCESSFUL COMPLETION OF CCC, THEY WILL BE LIABLE TO SERVE IN ANY NSG REGIONAL HUBS AT KOLKATA, HYDERABAD, CHENNAI, MUMBAI AND GANDHINAGAR (.) THE ELIGIBILITY CRITERIA ARE AS UNDER:-

Rank	Age	Edu.	Minimum	Service Record	ACR Gradings	Mandatory
		Quan	Service			requirement
HC	38 Yrs.	12th	02 Yrs.	a)Punishment free	Not below VG	i) Should be a
			(Active	record for last 3 yrs	for last 5 yrs	Volunteer
CT	30 Yrs		Service	b) No Major	(if service	ii) SHAPE-I
			Except	punishment during	more than 5	Medical category
			B/Trg)	service	yrs.)	iii) Clear from
						DE/Vig.angle

#### MINIMUM PHYSICAL STANDARDS FOR MALE

(i)	2.4 Kms run	10 Minutes (Below 30 Yrs.), 11.30 Min. (30 to 40				
	Α	Yrs.) & 12.30 Min. (Above 40 Yrs.)				
(ii)	Chin ups	06 (Below 30 Yrs.), 05 (30 to 40 Yrs.) & 03 (Above				
		40 Yrs.)				
(iii)	Vertical Rope	Third Class (UP & DOWN)				
(iv)	Horizontal Rope	9 Mtrs.traverse				
(v)	Firing	5 Cms grouping from 25 Mtrs with INSAS Rifle				
		(Lying Supported)				

PREFERENCE MAY BE GIVEN TO PERSONNEL HAVING (a) INSTRUCTIONAL GRADING IN COURSES (b) SERVED IN CI OPS & LWE AREA AND (c) UNDERGONE COURSES SUCH AS PT, CDO, CIW & TOT ETC. (.) PERSONNEL BEING SPONSORED SHOULD BE WILLING/VOLUNTEER AND OF MEDICAL CATEGORY SHAPE-I (.) REQUEST TO CIRCULATE THE OFFER TO FIELD FORMATIONS AND NOMINATIONS @ 02 HC/CT(GD) FROM EACH SECTOR WHO ARE FULFILLING THE ELIGIBILITY CRITERIA MAY BE SENT TO THIS DTE. IN THE PRESCRIBED PROFORMA ENCLOSED AS APPENDIX-"A" ALONG-WITH DE/VIGILANCE CLEARANCE, WILLINGNESS CERTIFICATE AND MEDICAL SHAPE CERTIFICATE SO AS TO REACH THIS DTE BY 05.05.2023 IN EXCEL FORMAT in ac-esttii@cisf.gov.in WITHOUT FAIL (.)

NOMINATIONS NOT ROUTED THROUGH SECTOR IG OR RECEIVED WITH INCOMPLETE RECORDS OR RECEIVED AFTER DUE DATE WILL BE SUMMARILY REJECTED (.) THE DETAILS SHOULD BE THOROUGHLY CHECKED BEFORE SENDING TO FHQ (.) IT IS ALSO DIRECTED TO INTIMATE SECTORS/UNITS TO BRIEF TOWARDS FORCE PERSONNEL ABOUT INCENTIVES, LOCATIONS AND DEPUTATION ALLOWANCE I.E. 40% OF BASIC AND THE PRIDE OF SERVICE IN NSG TO MOTIVATE FORCE PERSONNEL AND ALSO ENSURE TO PROVIDE REQUISITE NUMBER OF NOMIONATIONS FOR DEPUTATION TO NSG. NIL REPORT WILL NOT BE CONSIDERED (.) THE COMMANDO CONVERSION COURSE (CCC- 32) SCHEDULED TO BE HELD AT TRAINING CENTRE NSG AS PER DETAILS BELOW:-

CCC Srl No.	Schedule	Date of reporting at
		Training Centre NSG
32	26/06/2023 to 23/09/2023	24/06/2023

THE NOMINATED PERSONNEL ARE REQUIRED TO ATTEND 03 WEEKS PRE-CONVERSION COURSE AT RTC BARWAHA WEF 01.06.2023 TO 21.06.2023 (.) M.M.U (.) MSG OVER///

Encl. APPENDIX-"A"

सहायक महानिरीक्षक / स्थापना

Internal

01.

AIG/ADM : Nominations of personnel posted at FHQ may be forwarded to this

branch and attached Personnel should be routed through concerned

Sector IsG.

02. EDP/CELL: To flash this message in CISF website please.

### PROFORMA (NSG)

SL. NO	FORCE NO RANK AND NAME	HOME STATE	PRESENT UNIT	DATE OF BIRTH	AGE AS ON 31.05.2023				EDUCATION QUALIFI- CATION
					Υ	М	D		
1	2	3	4	5	6	7	8	9	10

ACR GRADINGS DURING LAST 5 YEARS			DETAILS OF MAJOR /MINOR PUNISHMENT AWARDED TO	DETAILS OF PREVIOUS DEPUTATI ON/ UN	EARLIER APPLIED FOR ANY DEPUTATI ON	WHETHE R TOT or SCREENE R ETC.	MEDI CAL CATE GORY	REMA RKS		
2018 2019 2020 2021 2022		THE INDIVIDUAL	MISSION							
11	12	13	14	15	16	17	18	19	20	21

## **CERTIFICATE**

It is certified that the above mentioned particulars have been verified from the service documents of the individual and found correct.

Signature of Unit Commander

# Qualitative Requirements for Commando Conversion Course (CCC) and Deputation to NSG

(a) Service Record and ACR Criteria.

### Male

	T				
Rank	Age	Service	Service Record	ACR	
	Maximum	Minimum			
Dy.	38 years				
Comdt			No punishment during service	Very Good for last 5 yrs. (if service more than 5	
Asstt. Comdt	33 years			years).	
Insp.	43 years (Preferably 38 years)	02 Years	(a) Punishment free record for last 3 years	Very Good for last 5 yrs. (if service more than 5 years).	
Sub- Insp	40 years (Preferably 30 years)	Active service	(b) No major punishment during service		
НС	38years  02 Years Active service		(a) Punishment free record for last 3 years (b) No major punishment during service	Very Good for last 5 yrs. (if service more than 5 years).	
CT	30 years				

## <u>Female</u>

Rank	Age	Service	Service Record	ACR
	Maximum	Minimum		
Insp.	43 years (Preferably 38 years)	02 Years	(a) Punishment free record for last 3 years (b) No major punishment	Very Good for last 5 yrs. (if service more than 5
Sub- Insp	40 years (Preferably 30 years)		during service	years).
НС	38years	02 Years	(a) Punishment free record for last 3 years (b) No major punishment	Very Good for last 5 yrs. (if service more than 5
СТ	30 years		during service	years).

Contd...P/2...

- (b) Education Qualification. Constables and HCs(CT/HC) will be 12th Pass.
- (c) Other Mandatory Requirements
  - (i) Should be a **Volunteer**.
  - (ii) SHAPE-I medical category.
  - (iii) Clear from Discipline and Vigilance angle.
- (d) <u>Preferred Qualifications</u>. The following personnel will be given preference:-
  - (i) Instructional Grading in Courses.
  - (ii) Served in CI Ops and LWE.
  - (iii) Undergone Courses such as PT, CDO, CIJW, & ToT.

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## REVISED SCREENING STANDARDS FOR NSG COMMANDO CONVERSION COURSE:-

### (1) Pre-Physical Standards for CCC

The minimum physical standards of personnel for induction into NSG will be as under, for which they will be tested during the Zero week.

### BASIC PHYSICAL STANDARD

Test will be conducted in the Zero week in PT dress.

### (2) Professional Screening (Pre-Physical and Firing Standards)

### (a) For Male

(i) 2.4 Kms run in

Below 30 yrs - 10 min.

30 to 40 yrs - 11.30 min

Above 40 yrs - 12.30 min

(ii) Chin ups

Below 30 yrs - 06

30 to 40 yrs - 05

Above 40 yrs - 03

(iii) Vertical Rope

(3<sup>rd</sup> class up and 3<sup>rd</sup>

class down)

(iv) Horizontal Rope

(9 mtrs traverse)

(v) Grouping 5 cms from 25 mtrs with INSAS Rifle (Lying supported).

#### SELECTION PROCESS

The selection during the CCC will be done by applying the following three filters in the sequence as mentioned below:

- Physical Test
- Medical Test
- Psychological Screening

Only those personnel who qualify / get through each filter/s will go to the next level of selection.