



CISF promotes millet consumption

In a significant stride towards MHA's 'Shri Anna' mission for sustainable health in CAPFs, Central Industrial Security Force (CISF) has exceeded target for millet consumption across its 434 units and formations across the country. This remarkable accomplishment underscores CISF's commitment to the MHA initiative to promote these traditional nutritious grains, not just among its personnel but also their families and the wider citizenry. Through daily roll calls, briefings, Sainik Sammelans and



other meetings, jawans were consistently educated about the benefits of millets. Welfare activities actively involve family members, encouraging them to embrace Shri Anna in their home diets. Millet-based dishes are also making their way into government functions as healthy refreshments. CISF cooks have been trained in preparing delicious millet dishes. CISF has also organised 1,110 seminars, webinars and workshops, alongside 662 lectures by dietitians and doctors, to impart knowledge and dispel misconceptions.